

March 8, 2020

Dear Parents,

This is a reminder of when a child should not come to school. While it is sometimes inconvenient to keep a sick child home, school exclusion is necessary in order to keep our school community healthy. Please use the following guidelines when deciding whether your child should come to school:

1. A fever of 100 degrees or greater. Your child's temperature should be below 100 degrees for 24 hours without the use of Tylenol (acetaminophen) or Motrin (ibuprofen) before returning to school.
2. Vomiting and/ or diarrhea: Children need to stay home for 24 hours after the last episode and able to tolerate a regular diet before returning to school.
3. Suspected infectious diseases: i.e. pink eye, unknown rashes, etc. need to be evaluated by a physician and a note brought into school.
4. Children with a severe sore throat, excessive cough, cough that produces mucus, severe headache, earache, or stomachache should remain home.
5. Children with any other illness that prevents them from eating, drinking, or sleeping, should be kept home.
6. Remember that children who are ill are not to be sent to school simply because of a test, their class is having a party, or field trip.

Our goal is to keep the children and school community as healthy as possible in order to promote learning.

Please contact the school nurse if you have any questions or concerns.

Sincerely,

Nancy Lynn MSN, RN
Carol Johnson RN